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Regional ECK Spiritual Aide

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Dear Soul

Does religion matter?

“There are those who know divine love. It doesn’t matter whether they’re in Eckankar or whether they’re in any of the many other religions. It doesn’t matter. They may not belong to any religion at all. But from experiences in past lives some people understand the quality of divine love. And these people recognize each other when they meet. They just know, *That is a good person. That person is charitable, compassionate.* And they can tell these people apart from the other group of people who know nothing at all about divine love.

“The advantage that Eckankar has for you today is this: it allows those of you who truly have reached a state of spiritual consciousness to get together with others who have also done it. And you’ll recognize each other.”

— Harold Klemp, *Spiritual Experiences Guidebook*, p. 2

This public RESA letter is a collection of three basic quotes from the ECK teachings, to give you an idea what we are all about.

“Ye know that the greatest of God’s qualities is love. For love is the greatest and most sublime force of the universe. Through love the divine qualities of God will shine like the radiant light of the morning sun.

“I will whisper to thee, dear ones, this divine secret. Let thine ears become filled with wisdom and thy hearts with understanding. Now it is this: All things will gravitate to thee if ye will let love enter thine own hearts, without compromise.

“By obeying this command of God, ye become an inspiration and beauty to all thy fellow creatures, even though some may never hear of thee again. So I say that to serve and cherish love as an ideal is as unquestionable as the tender fragrance of the autumn flowers that grow upon the shores of yon river.

“So it is the Lord’s command that ye look into thine own hearts and see if purity dwells there. If ye find this to be true, then the Lord is with thee throughout all eternity.

“Love inspires the heart, first as human love. This is the love which desires to serve its beloved, husband, wife, children, family, friends, or human ideals, and the things of this world, during thy existence here in this life.

“Then the heart becomes refined by selflessness and love possesses thee.”

— Paul Twitchell, *Stranger by the River*, pp. 80–81

One of the main benefits of Eckankar that touched me personally, when I stepped on this path many years ago, was that I realized that I am Soul, an immortal spark of divine love. In the Spiritual Exercises of ECK I found a most efficient way to renew and deepen my connection to and my conscious experience of the Divine every day as Soul.

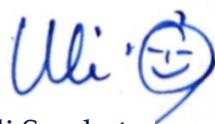
“The basic beliefs of Eckankar could easily be summarized as:

- Soul is eternal and is the individual’s true identity.
- Soul exists because God loves It.
- Soul is on a journey of Self- and God-Realization.
- You can actively explore the spiritual worlds through Soul Travel, dreams, and other spiritual techniques.
- Spiritual unfoldment can be accelerated by conscious contact with the ECK, Divine Spirit.
- This contact can be made by the use of the Spiritual Exercises of ECK and by the guidance of the Living ECK Master.
- The Mahanta, the Living ECK Master is the spiritual leader of Eckankar.
- Spiritual experience and liberation in this lifetime is available to all.”

— ECKANKAR – *Ancient Wisdom for Today*, pp. 11–12

Eckankar is The Path of Spiritual Freedom. You have recently expressed an interest in this teaching in some way. This letter is for you. However, I will not continue sending you mail without having confirmation that you want it. Thank you for letting me know at one of the above e-mail or postal addresses, if you wish to continue receiving my quarterly letters.

May you find what you are looking for. All the best to you and yours. With love



Uli Sacchet

Eckankar Events

Information on local ECK events can be found on our websites or by requesting it from the address above. Depending on where you live, I include some information about ECK events. You are most welcome to attend any of these events. We welcome visitors and guests.

Further, here are three bigger ECK events:

- July 14–15 — **2018 Swiss-French ECK Regional Seminar** in Lausanne – with guest speaker Alain Le Guillou, New York – *Découvrir sa mission spirituelle*
- August 18–19 — **2018 Swiss-German ECK Regional Seminar** in Herzberg – with guest speaker Elisabeth Haiden, Austria – *Der Weg zu spiritueller Freiheit*
- Sept. 15–16 — **2018 ECK Regional Seminar** in Budapest, Hungary – with guest speaker Ed Parkinson, RESA of Ireland – *Getting Answers from God through Past Lives, Dreams, and Soul Travel*